



Notice of the South African National Rowing Championship Regatta 2026

1. Venue

Alan Francis Rowing Course, Roodeplaat Dam, Pretoria - a straight 1000m/2000m course of 8 lanes.

2. Date and Time

Saturday 25 April 2026 and Sunday 26 April 2026. Starting at 8am both days.

3. Events

This regatta is open for all Clubs to enter crews in the events listed on the schedules attached with proposed starting times, status and distance indicated. Racing will be run under the approved RowSA Rules of Racing and specific Local Rules, with SAROC members officiating.

Composite and Junior Crews are encouraged to enter.

Medals for 1st 2nd and 3rd place in all A/ 1st div events. A bronze medal will be given to the winners in B and C events

Championship events are assigned by the RowSA Executive. Any changes from the original list made after the posting of this Notice will be advised to you.

THE ORDER OF EVENTS WILL BE THOSE SHOWN IN THE LIST OF EVENTS BELOW, AND ENTRIES SHOULD BE MADE ACCORDINGLY. HEATS AND SOME MASTER EVENTS WILL BE RUN IN THE MORNINGS WITH FINALS IN THE AFTERNOONS ON BOTH DAYS AS PER THE ORDER OF EVENTS AND DEPENDING ON ENTRIES.

4. Entries

Entries should be made on the Internet. The site address is www.regatta.co.za.

For those entering a regatta via the Internet for the first time, please contact Gaynor du Toit on email at row@rowsa.co.za (cell 082 570 4932) to obtain a username and password. Gaynor will also help with the entry of composite crews.

Please note that full crews are required when making entries, and all rowers must be registered (with photograph) with RowSA on the www.regatta.co.za website. Any club experiencing problems should contact Gaynor du Toit (row@rowsa.co.za or 0825704932) before the regatta. This procedure replaces the necessity for individual rowers to carry their own ID cards.

Entries close at 17:30 MONDAY 13 April 2026 in order for RowSA to do a first draft draw and establish the events that will be run.

The draft draw will be distributed on 15 April 2026 and will be published on the website. The draw will be seeded where possible. **Alphanumeric Bow numbers and the 2000m start boat holders will be used at this regatta.**

Late entries will be accepted up to 18 April 2026 but solely at the discretion of the Organising Committee. The Final Draw will be published on 21 April 2026.

Entries made on the internet are regarded as you automatically accepting the Entry Indemnity Conditions.

Late entries will **NOT** be accepted on Regatta days.

5. ENTRY FEES

Entry Fee is **R50.00 per event per competitor** (excluding coxswains). *International crews will be guests of Rowing South Africa.*

A spectator fee of R50/day will be charged. Spectators will need to buy entry tickets before they arrive using "quicket". The ticket system will be shared in due course.

All people passing through the Roodeplaat Dam Reserve entrance will be charged their entry fee for cars and trailers unless you have pre purchased a season ticket.

Seat Entry Fees should be deposited directly into:-

RowSA Current account:-

FNB Parktown

Branch Code 25 04 55

Account # 588 1551 6910

And a copy of the deposit slip emailed row@rowsa.co.za Invoices will be raised once the draw is closed.

6. TRAINING

Crews must use the course in strict observance of the Traffic Rules included in this package. Please note that the course will be closed to crews training from 30 minutes before the first race until cleared by the President of the Jury after the last race of the day.

NOTE : TRAINING: -- UP - LANES 1-3; DOWN - LANES 6-8; SAFETY LANES - LANES 4 & 5.

7. RACE DISTANCE : HEATS AND FINALS (refer RowSA Rule 29.2)

2000m	:	All Open Championship, Lightweight & A Events.
2000m	:	All B, J16 and J18 Events
1000m	:	All C and J15 Events
1000m	:	All Masters Events – All heats will be classed as finals for Master races

8. ADDITIONAL RACING RULES

-The number of heats, and semi-finals if required, will depend on the entries received by 13 April 2026.

-Some lightweight events are offered, but if the entries are low, LW races will be combined with HW races. The World Rowing weight restrictions will be enforced, and anyone not complying with the World Rowing weight restrictions will race as open weight competitors.

-Masters: No medals will be awarded to competitors where there are less than 2 entries per event. All masters age categories will be extracted from the regatta entry system. Please make sure that the date of birth is correct on the entry system.

-Competing clubs must have registered a full description of their Tri-suit/T-shirt and blade colours with RowSA.

9. PLEASE OBSERVE THE ORDER OF FINALS WHEN MAKING ENTRIES.

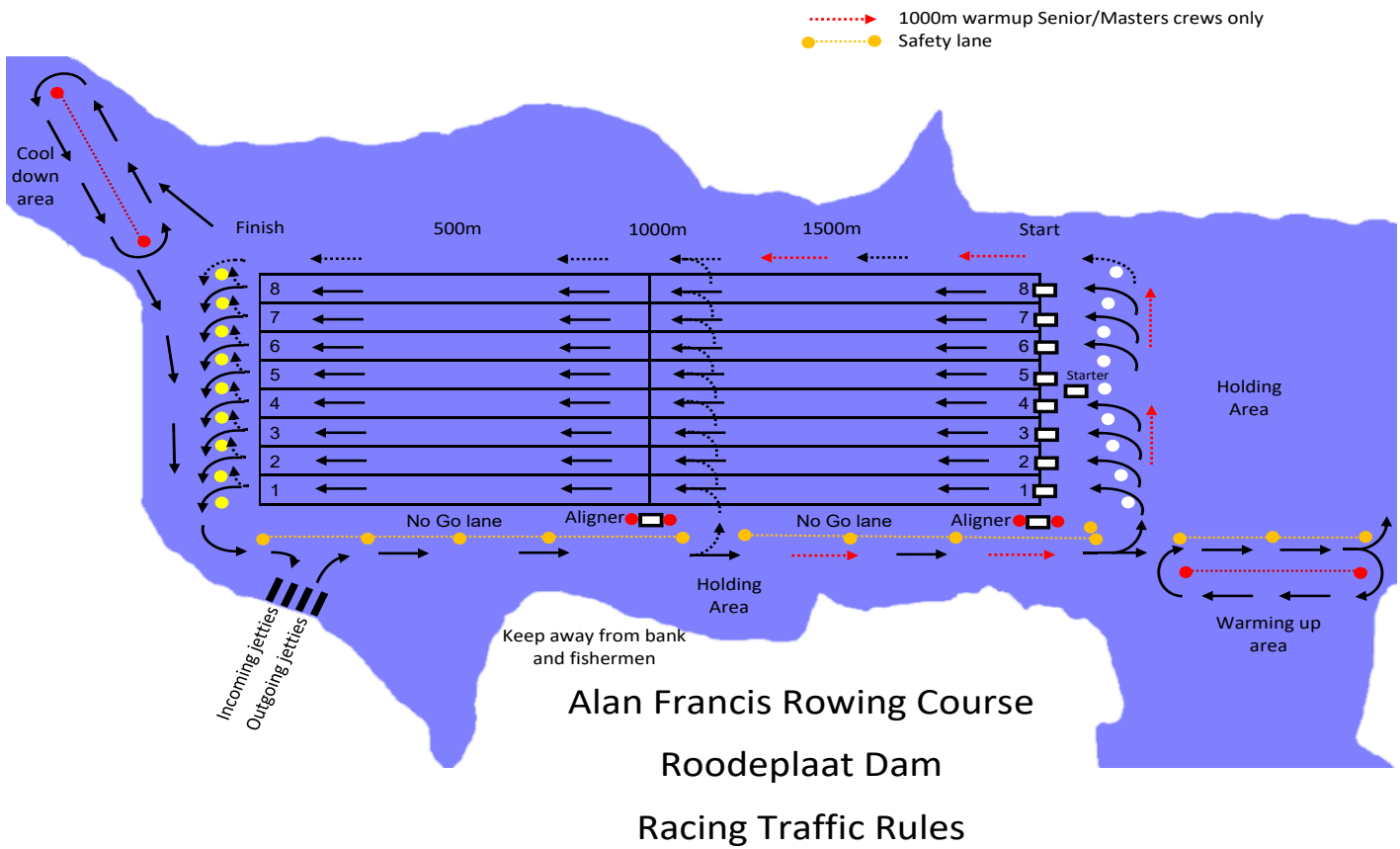
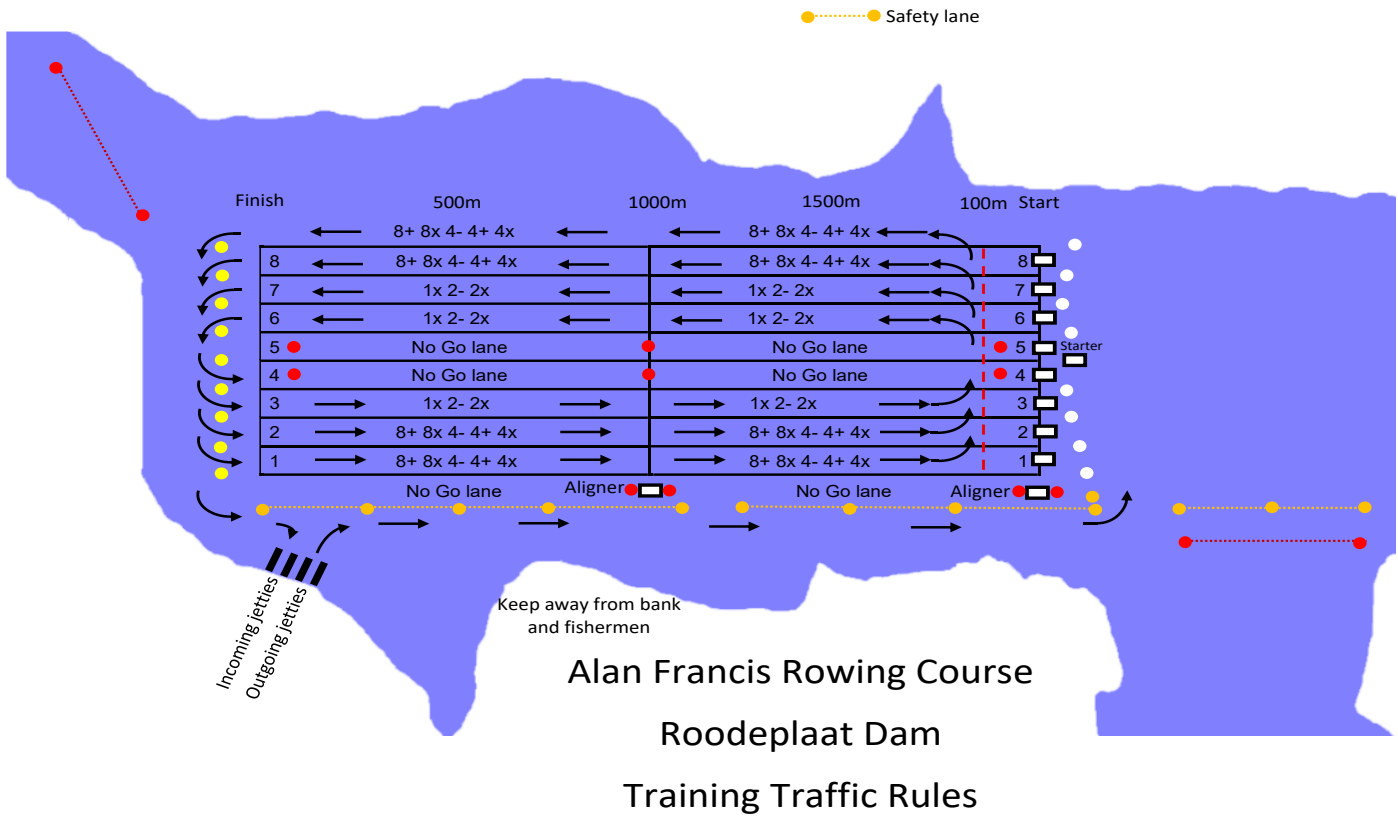
***THE RESPONSIBILITY FOR ENSURING THAT NO CREW, BLADE OR BOAT CLASHES OCCUR RESTS WITH THE CLUB.
THERE WILL BE NO CHANGES TO THE ORDER OF EVENTS AS PUBLISHED IN THIS PACKAGE.***

10. Trailers are to be parked next to the St Albans shed or outside the enclosure next to the trailer parking area. No trailers must be parked on the roads.

11. A Prize-Giving Ceremony will be held 30 mins after the last race of the regatta on Sunday.

Yours in Rowing,

Gaynor Du Toit
RowSA Administrator
23 March 2026



SA NATIONAL CHAMPIONSHIP REGATTA PROPOSED RACE SCHEDULE 2026

Event no	Distance	Event Description	Aprox Time
Saturday Heats/finals and Masters 8am			from 2025
1	1000	Mast 1st 2-	08:00:00
2	1000	Mast 2nd 4x-	09:17:00
3	1000	Mast M 1st 2x	10:11:00
4	1000	Mast 3rd 1x	10:21:00
5	2000	MA 1x	10:45:00
6	2000	WA 1X	10:50:00
7	2000	JM18 1x	10:55:00
8	2000	JM16 8+	10:58:00
9	2000	JW18 1x	11:00:00
10	1000	Mast W 1st 2x	11:23:00
11	1000	Mast M 1st 4x-	12:19:00
Finals and Masters events			
12	1000	Mast 2nd 1x	13:00:00
13	1000	JM15 8x+	13:06:00
14	2000	MA 1X LW	13:12:00
15	2000	WA 1x LW	13:17:00
16	2000	JM18 2-	13:22:00
17	1000	WC 4-/+	13:28:00
18	1000	MC 4x-/+	13:34:00
19	2000	JW16 4+	13:40:00
20	2000	MB 2x	13:46:00
21	1000	JW15 4x+	13:52:00
22	1000	Mast 3rd 4x-	13:58:00
23	2000	WB 1x	14:04:00
24	2000	MB 8+	14:10:00
25	2000	JW16 2x	14:16:00
26	2000	MA 4x	14:22:00
27	2000	WA 4x-	14:28:00
28	2000	JM16 2x	14:33:00
29	2000	WB 4-	14:39:00
30	1000	JW15 1x	14:45:00
31	1000	WC 1x	14:51:00
32	1000	JM15 2x	14:57:00
33	1000	MC 8+	15:03:00
34	2000	MB 2-	15:09:00
35	2000	JW18 4+	15:15:00
36	2000	JW16 1x	15:21:00
37	2000	JM16 4x+	15:26:00
38	2000	JM18 4x+	15:33:00
39	1000	Mast Mix 2x	15:39:00
40	1000	WC 2x	15:57:00
41	2000	MA 4-	16:03:00
42	2000	WA 8+	16:08:00

Event no	Distance	Event Description	Aprox Time
Sunday Heats and Masters 8am			from 2025
43	1000	Mast 1st 4-	08:00:00
44	1000	Mast W 1st 1x	08:05:00
45	1000	Mast 2nd 8+/8x+	09:27:00
46	1000	Mast M 1st 1x	10:21:00
47	1000	Mast W 1st 4x-	11:04:00
Finals and Masters events			
48	2000	WA 2x	11:50:00
49	2000	MB 4x-	11:55:00
50	2000	JM18 2x	12:01:00
51	2000	JW18 2-	12:03:00
52	1000	WC 4x/+	12:07:00
53	1000	MC 4-/+	12:13:00
54	2000	JM16 4+	12:18:00
55	2000	MA 2x	12:25:00
56	2000	WB 2x	12:30:00
57	1000	JM15 4x+	12:33:00
58	1000	JW15 2x	12:36:00
59	1000	Mast Mix 4x	12:42:00
60	2000	MB 1x	12:54:00
61	2000	WB 8+	13:00:00
62	2000	JW16 2-	13:06:00
63	2000	JW18 2x	13:12:00
64	2000	JM16 2-	13:18:00
65	2000	WA 2-	13:24:00
66	2000	MA 2-	13:29:00
67	1000	Mast 3rd Div 8+/x	13:32:00
68	1000	JM15 1x	13:34:00
69	1000	MC 1x	13:40:00
70	1000	Mast 2nd 2x	13:46:00
71	1000	WC 8+	14:04:00
72	2000	MB 4-	13:58:00
73	2000	WB 2-	14:10:00
74	2000	JM16 1x	14:16:00
75	2000	JW16 4x+	14:22:00
76	2000	JW18 4x+	14:28:00
77	2000	JM18 4+	14:32:00
78	1000	Mast 3rd 2x	14:34:00
79	1000	MC 2x	14:40:00
80	1000	Mast M 1st 8+	14:46:00
81	2000	WB 4x-	14:51:00
82	2000	WA 4-	14:57:00
83	2000	JM18 8+	15:03:00
84	2000	MA 8+	15:08:00