

26 August 2025

## St Andrew's School for Girls Indoor Regatta 2025

St Andrew's School for Girls will be hosting an indoor rowing regatta on Saturday September 13<sup>th</sup> 2025 in the school hall. The event with be combined with the Annual Spring Festival and so will have many things to keep participants & spectators entertained in between races.

## Start Time 8:00am

Events offered, and event order, will be as follows:

Junior Men Individual U14 1000m

Junior Women Individual U14 1000m

Junior Men Individual U15 1000m

Junior Women Individual U15 1000m

Junior Men Individual U16 2000m

Junior Women Individual U16 2000m

Junior Men Open Individual 2000m

Junior Women Open Individual 2000m

Senior Men Individual 2000

Senior Women Individual 2000m

Masters Men Individual 1000m Cat A, B, C, D, E+

Masters Women Individual 1000m A, B, C, D, E+

Junior Men Team U14 1000m (4x250m)

Junior Women Team U14 1000m (4x250m)

Junior Men Team U15 1000m (4x250m)

Junior Women Team U15 1000m (4x250m)

Junior Men Team U16 2000m (4x500m)

Junior Women U16 Team 2000m (4x500m)

Senior and Masters Men Team 1000m (4x250m)

Senior and Masters Women Team 1000m (4x250m)

Junior Men Open Team 2000m (4x500m)

Junior Women Open Team 2000 (4x500m)

Balance Integrity Accountability Grace Community Trust

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Reg No: 1923/007507/08

Board of Directors: Ms N Allie, Ms L Boyce, Mr P Clarke, Ms S Dansie, Mrs G Jeffrey, Ms S Kuvarjee, Mrs S Makda, Mr D Matenga, Mr M Mpe, Mr S Mpisane, Mrs Y Pasipanodya (Chair), Ms K Paterson (Deputy Chair), Mrs A Ryan Pinto















Events will be run as heats (20+ boats) and gold, silver and bronze medals awarded to the fastest 3 times in all junior events. In senior and masters events only gold medals will be awarded in each category.

Age Groups are those that a participant will race in at the 2026 SA Schools Championships or SA Championships events. Masters events are open to all age categories but where there are few entries in age categories races will be combined with similar age categories. The software allows different categories to be displayed on the screen at the same time. Masters should indicate their age category when doing entries

Entry of participants should be in performance rank order so that heats can be seeded.

Names of participants in team events is not necessary. It is expected that participants are in the correct age groups. Participants may row up an age group i.e. U15 may row in U16, but may not row down an age group. Please indicate the number of team you would like in each team event.

Please enter by completing the Excel spreadsheet. Return entries to headcoach@standrews.co.za

Entries close 9:00am Monday 8th September 2025. After this time no late entries will be accepted.

Schools and Clubs will be provided wrist bands for competitors which will allow them free entry at the gates. Wrist bands will be allocated based on entries received by 9am Monday 9<sup>th</sup> September. Anyone not wearing a wrist band will be charged an entry fee at the gates.

Estimated finish time 2:00-3:00pm

The Spring Festival will be run as a cashless event. There is an entry fee for adults and spectators for the Spring Festival.

Food & refreshments including a beer tent will be available.

**Kind Regards** 

Jamie Croly Headcoach headcoach@standrews.co.za