

4 September 2018

Dear Head of Rowing/Head Coach

Ergo Regatta Notice Saturday 15 September 2018

St Andrew's School for Girls will be hosting the first school's regatta of the 2018/2019 season, which will be an indoor regatta over 20 lanes for all ages (U14, U15, U16 and U19). We would like to formally invite your rowing club to participate in this event. The regatta will be for all junior and senior rowers.

The regatta will take place at St Andrew's School for Girls in Senderwood on Saturday 15 September 2018.

Please take note of the following: website: www.regatta.co.za

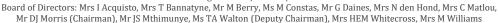
- Entries close at 17h00 on Wednesday 12 September 2018.
- Late entries will be accepted until 10h00 on Friday 14 September 2018 provided that there are lanes available to accommodate entries. No extra heats will be created.
- For any queries on how to use the system please contact Gaynor du Toit (RowSA Administrator) on Office: 011 440 0965 (Mornings only), Mobile: 082 570 4932, Email: row@rowsa.co.za- Entries can be made on www.regatta.co.za
- Please enter rowers in priority order in order for systems to allocate accordingly and allow for competitive heats.
- It is the school's annual Spring Day on 15 September 2018 and there will be stalls, fun activities for the children and entertainment available. Food and drinks will be on sale.
- A entrance fee of R20.00 will be charged for all adults at the gate. All junior athletes, coaches and VIP guests' entrance will be free of charge. Please can head coaches/heads of rowing please send a list of names of coaches that will be attending the regatta to headcoach@standrews.co.za by 13:00 on 13th September.
- The event will take place in the school hall.
- Racing will begin at 08h00 and program will include individual events, team (4) events.
- Program will start with individual events for U14, U15, U16, U19 boys and girls. The boys and girls events will be run sequentially in each age group.
- U14 and U15 individual events will be raced over 1000m.

Balance Integrity Grace Community Accountability Trust

St Andrew's School for Girls NPC

St Andrew's Avenue, Senderwood, Bedfordview, 2007 . Private Bag X79001, Senderwood, 2145 011 453 9408 . 086 572 2685/011 453 1112 . andrew@standrews.co.za . www.standrews.co.za















- U16, Open individual events will be raced over 2000m.
- All team events (U14, U15, U16 and U19) will consist of 4 x 500m in relay.
- Due to poor senior and masters entries in the past the regatta will only offer the following 4 races for seniors rowers

Men's Open 2000m Women's Open 2000m Men's Masters 1000m Women's Masters 1000m

Any event that attracts less than three (3) entries by the close of entries on Friday will be scratched.

• Medals will be given to the top 3 rowers in individual events and top 3 teams in team events.

The St Andrew's School for Girls Rowing club looks forward to your support and a day filled with exciting racing.

Regards

Jamie Croly

Head Rowing Coach and Presidents Award



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www.standrews.co.za St Andrew's Avenue, Senderwood, Bedfordview, 2007 Balance Integrity Grace Community Accountability Trust