

## Notice of the South African National Rowing Championship Regatta 2024

### 1. Venue

Alan Francis Rowing Course, Roodeplaat Dam, Pretoria - a straight 1000m/2000m course of 8 lanes.

### 2. Date and Time

Saturday 27 April 2024 and Sunday 28 April 2024. Starting at 8am both days.

### 3. Events

This regatta is open for all Clubs to enter crews in the events listed on the schedules attached with proposed starting times, status and distance indicated. Racing will be run under the approved RowSA Rules of Racing and specific Local Rules, with SAROC members officiating.

Composite and Junior Crews are encouraged to enter.

Medals for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> place in all A/ 1<sup>st</sup> div events. A bronze medal will be given to the winners in B and C events

Championship events are assigned by the RowSA Executive. Any changes from the original list made after the posting of this Notice will be advised to you.

**THE ORDER OF EVENTS WILL BE THOSE SHOWN IN THE LIST OF EVENTS BELOW, AND ENTRIES SHOULD BE MADE ACCORDINGLY. HEATS AND SOME MASTER EVENTS WILL BE RUN IN THE MORNINGS WITH FINALS IN THE AFTERNOONS ON BOTH DAYS AS PER THE ORDER OF EVENTS AND DEPENDING ON ENTRIES.**

### 4. Entries

Entries should be made on the Internet. The site address is [www.regatta.co.za](http://www.regatta.co.za).

For those entering a regatta via the Internet for the first time, please contact Gaynor du Toit on email at [row@rowsa.co.za](mailto:row@rowsa.co.za) (cell 082 570 4932) to obtain a username and password. Gaynor will also help with the entry of composite crews.

Please note that full crews are required when making entries, and all rowers must be registered (with photograph) with RowSA on the [www.regatta.co.za](http://www.regatta.co.za) website. Any club experiencing problems should contact Gaynor du Toit ([row@rowsa.co.za](mailto:row@rowsa.co.za) or 0825704932) before the regatta. This procedure replaces the necessity for individual rowers to carry their own ID cards.

**Entries close at 17:30 MONDAY 15 April 2024 in order for RowSA to do a first draft draw and establish the events that will be run.**

The draft draw will be distributed on 17 April 2024 and will be published on the website.

Late entries will be accepted up to 19 April 2024 but solely at the discretion of the Organising Committee. The Final Draw will be published on 22 April 2024.

***Entries made on the internet are regarded as you automatically accepting the Entry Indemnity Conditions.***

Late entries will **NOT** be accepted on Regatta days.

### 5. ENTRY FEES

Entry Fee is **R50.00 per event per competitor** (excluding coxswains). *International crews will be guests of Rowing South Africa.*

**A spectator fee of R50/day will be charged spectators will need to buy entry tickets before they arrive. The ticket system will be shared in due course.**

All people passing through the Roodeplaat Dam Reserve entrance will be charged their entry fee for cars and trailers unless you have pre purchased a season ticket.



Seat Entry Fees should be deposited directly into:-

**RowSA Current account:-**  
**FNB Parktown**  
**Branch Code 25 04 55**  
**Account # 588 1551 6910**

And a copy of the deposit slip emailed [row@rowsa.co.za](mailto:row@rowsa.co.za) Invoices will be raised once the draw is closed.

## 6. TRAINING

Crews must use the course in strict observance of the Traffic Rules included in this package. Please note that the course will be closed to crews training from 30 minutes before the first race until cleared by the President of the Jury after the last race of the day.

**NOTE : TRAINING: -- UP - LANES 1-3; DOWN - LANES 6-8; SAFETY LANES - LANES 4 & 5.**

## 7. RACE DISTANCE : HEATS AND FINALS (refer RowSA Rule 29.2)

2000m	:	All Open Championship, Lightweight & A Events.
2000m	:	All B, J16 and J18 Events
1000m	:	All C and J15 Events
1000m	:	All Masters Events – All heats will be classed as finals for Master races

## 8. ADDITIONAL RACING RULES

The number of heats, and semi-finals if required, will depend on the entries received by 15 April 2024.

Some lightweight events are offered, but if the entries are low, LW races will be combined with HW races. The World Rowing weight restrictions will be enforced, and anyone not complying with the World Rowing weight restrictions will race as open weight competitors.

Masters: No medals will awarded to competitors where there are less than 2 entries per event. All masters age categories will be extracted from the regatta entry system. Please make sure that the date of birth is correct on the entry system.

Competing clubs must have registered a full description of their Tri-suit/T-shirt and blade colours with RowSA.

## 9. PLEASE OBSERVE THE ORDER OF FINALS WHEN MAKING ENTRIES.

***THE RESPONSIBILITY FOR ENSURING THAT NO CREW, BLADE OR BOAT CLASHES OCCUR RESTS WITH THE CLUB.  
THERE WILL BE NO CHANGES TO THE ORDER OF EVENTS AS PUBLISHED IN THIS PACKAGE.***

10. Trailers are to be parked next to the St Albans shed or outside the enclosure next to the trailer parking area. No trailers must be parked on the roads.

11. A Prize-Giving Ceremony will be held 30 mins after the last race of the regatta on Sunday.

Yours in Rowing,

Gaynor Du Toit  
RowSA Administrator  
28 March 2024



### The Alan Francis Rowing Course Regatta Traffic Rules



Proceed from the Jetty up to the Start  
Between the Bank and Lane 1.

If you miss your Race, Proceed Across the  
Course and Row Down Beyond Lane 8, Around  
the Finish and then to the Jetties.

# ● — Regatta — ●



## SA NATIONAL CHAMPIONSHIP REGATTA PROPOSED RACE SCHEDULE 2024

Event No.	Event	Distance	Time
<b>Saturday</b>			
<b>Heats</b>		08:00 to	12:00
1	MA 2x	2000	12:00
2	Mast 1stDiv 2x	1000	12:06
3	WA 1x LW	2000	12:12
4	WA 1X	2000	12:18
5	JM18 2-	2000	12:24
6	JW18 2x	2000	12:30
7	WC 4-/+	1000	12:36
8	MC 4x-/+	1000	12:42
9	JW16 4+	2000	12:48
10	Mast 3rdDiv 1x	1000	12:54
11	MB 2x	2000	13:00
12	JW15 4x+	1000	13:06
13	JM15 8x+	1000	13:12
14	WB 1x	2000	13:18
15	Masters 4- will be first race of the day	1000	13:24
16	JM18 1x	2000	13:30
17	JM16 8+	2000	13:36
18	MB 8+	2000	13:42
19	JW16 2x	2000	13:48
20	LTA Mix4+	1000	13:54
21	ASM 1x/ ASW 1x	1000	14:00
22	Mast 2ndDiv 4x	1000	14:06
23	MA 2- LW/HW	2000	14:12
24	WA 4x-	2000	14:18
25	JM16 2x	2000	14:24
26	Mast W 2x	1000	14:30
27	JW15 1x	1000	14:36
28	WB 4-	2000	14:42
29	WC 1x	1000	14:48
30	JM15 2x	1000	14:54
31	MC 8+	1000	15:00
32	Mast 2ndDiv 1x	1000	15:06
33	Mast 1stDiv 4x-	1000	15:12
34	MB 2-	2000	15:18
35	JW18 4+	2000	15:24
36	JW16 1x	2000	15:30
37	JM16 4X+	2000	15:36
38	JM18 4x+	2000	15:42
39	WC 2x	1000	15:48
40	Mast 3rdDiv 4x	1000	15:54
41	Mast Mixed 2x	1000	16:00
42	MA 4x	2000	16:06
43	JW18 8+	2000	16:12
44	WA 8+	2000	16:18

Event No.	Event	Distance	Time
<b>Sunday</b>			
<b>Heats</b>		08:00 to	12:00
45	MA 1X LW	2000	12:00
46	MA 1x	2000	12:06
47	WA 2x LW/HW	2000	12:12
48	MB 4x-	2000	12:18
49	Mast 2ndDiv 8+/8x+	1000	12:24
50	JM18 2x	2000	12:30
51	JW18 2-	2000	12:36
52	WC 4x/+	1000	12:42
53	MC 4-/+	1000	12:48
54	JW16 8+	2000	12:54
55	JM16 4+	2000	13:00
56	Mast W 1x	1000	13:06
57	WB 2x	2000	13:12
58	JM15 4x+	1000	13:18
59	JW15 8x+	1000	13:24
60	MB 1x	2000	13:30
61	Mast 1stDiv 1x	1000	13:36
62	JW18 1x	2000	13:42
63	WB 8+	2000	13:48
64	JW16 2-	2000	13:54
65	JM16 2-	2000	14:00
66	Mast W 4x	1000	14:06
67	Mast 3rdDiv 8x+/8+	1000	14:12
68	WA 2-	2000	14:18
69	MA 4-	2000	14:24
70	Masters 2-	1000	14:30
71	Mast mixed 4x	1000	14:36
72	JM15 1x	1000	14:42
73	MB 4-	2000	14:48
74	MC 1x	1000	14:54
75	JW15 2x	1000	15:00
76	Mast 2ndDiv 2x	1000	15:06
77	WC 8+	1000	15:12
78	WB 2-	2000	15:18
79	JM16 1x	2000	15:24
80	JW16 4x+	2000	15:30
81	Mast 3rdDiv 2x	1000	15:36
82	JM18 4+	2000	15:42
83	JW18 4x+	2000	15:48
84	MC 2x	1000	15:54
85	WB 4x-	2000	16:00
86	Mast 1stDiv 8+	1000	16:06
87	WA 4-	2000	16:12
88	JM18 8+	2000	16:18
89	MA 8+	2000	16:24